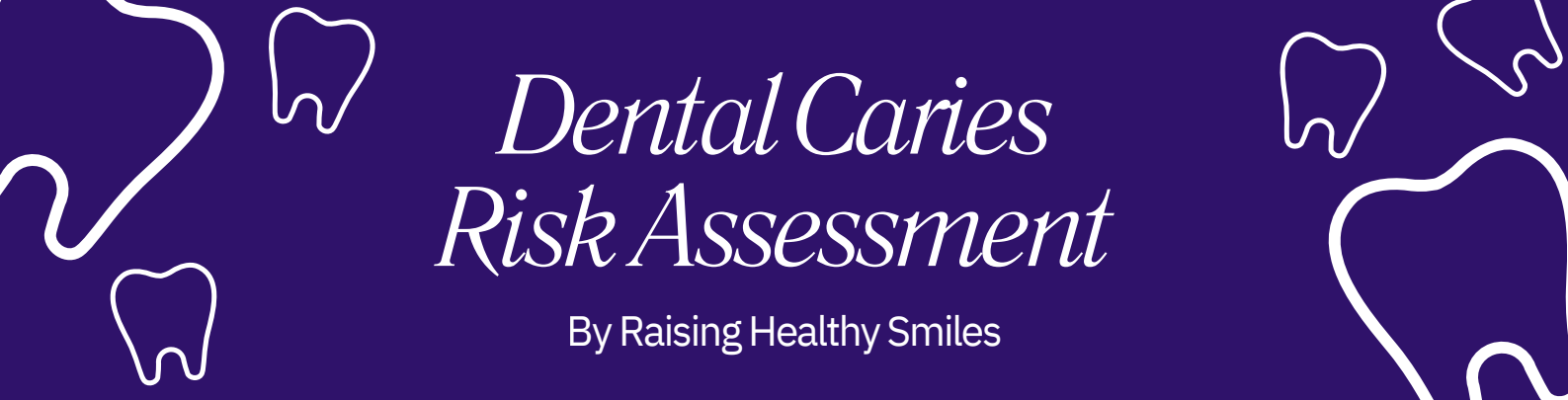




Dental Caries Risk Assessment

By Raising Healthy Smiles

Risk Assessment for Children Under 6 Years Old

This assessment helps you understand your child's risk for developing cavities (dental caries).

Key Factors Considered:

- **Dietary Habits:** Frequency of sugary drinks and snacks.
- **Oral Hygiene:** How often teeth are brushed and with what toothpaste.
- **Fluoride Exposure:** Water fluoridation and fluoride supplements/treatments.
- **Dental History:** Previous cavities or dental visits.
- **Developmental Factors:** Special needs that may affect oral care.

Based on the information gathered, your child will be categorized into a risk level (low, moderate, or high).

Risk Assessment for Children 6 Years and Older

For older children, the risk assessment continues to focus on key factors, with an increased emphasis on factors relevant to developing permanent teeth and ongoing habits.

Key Factors Considered:

- **Dietary Habits:** Continued evaluation of sugar intake, especially from snacks and beverages.
- **Oral Hygiene Practices:** Effectiveness of brushing and flossing, use of fluoride toothpaste.
- **Orthodontic Appliances:** Presence of braces or retainers, which can increase caries risk.
- **Medical History:** Conditions or medications affecting salivary flow.
- **Previous Dental Treatment:** History of restorative work or sealants.
- **Risk Indicators:** Signs of active enamel demineralization or existing restorations.

Next Steps

Please discuss these risk factors with your dental professional. Together, you can develop a tailored approach to protect your child's smile and ensure optimal oral health throughout their development

These assessments were developed based on the American Dental Association's Caries Risk Assessment for Dental Professionals. They are intended solely as an educational tool to help individuals understand their potential risk of developing dental caries (cavities) and to encourage discussion with a licensed dental professional about appropriate preventive measures.

DENTAL CARIES RISK ASSESMENT - CHILDREN *UNDER 6*

Circle the answers under Low, Moderate, or High risk. Add them up at the end.
The Higher number indicates the risk level.

Contributing Conditions	Low risk	Moderate risk	High risk
Fluoride Exposure	Yes	No	
Sugar Foods/Drinks	Primarily at mealtimes	Frequent/Prolong between meals.	Bottle/Sippy cup with anything other than water
Family Caries History	None within 24 months	Yes within 7-23 months	Yes within 6 months
Established Dental Office	Yes	No	
Special Health Care Needs	No		Yes
Caries Found on Radiographs	None within 24 months		Yes within 24 months
Early (Incipient) Caries	None within 24 months		Yes within 24 months
Missing Teeth Due to Caries	No		Yes
Visible Plaque	No	Yes	
Dental/Orthodontic Appliances	No	Yes	
Salivary Flow	Visually adequate		Inadequate
TOTAL ANSWERS:			

DENTAL CARIES RISK ASSESSMENT - CHILDREN OVER 6

Circle the answers under Low, Moderate, or High risk. Add them up at the end. The Higher number indicates the risk level.

If you do not know the answer for some of the questions, please skip them.

Contributing Conditions	Low risk	Moderate risk	High risk
Fluoride Exposure	Yes	No	
Sugar Foods/Drinks	Primarily at mealtimes	Frequent/Prolong between meals.	Bottle/Sippy cup with anything other than water
Family Caries History	None within 24 months	Yes within 7-23 months	Yes within 6 months
Established Dental Office	Yes	No	
Special Health Care Needs	No	Yes (over age 14)	Yes (age 6-14)
Chemo/Radiation Therapy	No		Yes
Eating Disorders	No	Yes	
Medications that Reduce Saliva	No	Yes	
Drug/Alcohol Abuse	No	Yes	
Presence of Caries or Restorations	No new ones in last 36 months	1 or 2 new ones in last 36 months	3 or more new ones in last 36 months
Crowded Teeth	No	Yes	
Missing Teeth Due to Caries in the Past 36 Months	No	Yes	

Exposed Root Surfaces	No	Yes	
Restorations in Between Teeth	No	Yes	
Visible Plaque	No	Yes	
Dental/Orthodontic Appliances	No	Yes	
Dry Mouth	No		Yes
TOTAL ANSWERS:			